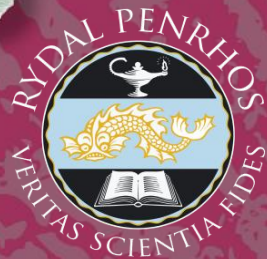




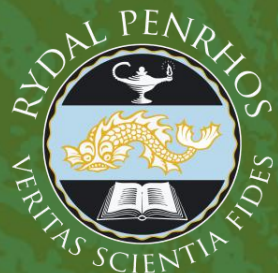
WEEK 1 SNR GLUTEN FREE LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP					
CLASSIC	GF BAKED POKE SAUSAGE PEAR, APPLE & THYME	GF CHICKEN MEATBALLS TOMATO SAUCE	GAMMON EGG	GF BBQ KOREAN STICKY CHICKEN GF WRAP	GF COD FISH FINGERS TACOS
SIDES	SWEET POTATO WEDGES GREEN BEANS CORN ON COB GRAVY	GF PENNE PASTA CARROTS BROCCOLI	COLCANNON CAULIFLOWER SUGAR SNAP PEAS CHEESE SAUCE	PAK CHOI STEM BROCCOLI CHAI SEED & ROAST ONION SWEETCORN	POTATOPUFFS PEAS BEANS
JACKET/PASTA BAR	GF PASTA CHEESE SAUCE	JACKET BEANS CHEESE	GF PASTA TOMATO SAUCE	JACKET POTATO BEANS CHEESE	GF PASTA CHEESE SAUCE
DESSERT	BANANA & TOFFEE GF PANCAKES	GF BAKED ALASKA	APPLE APRICOT LEMON GF SPONGE	GF STICKY ORANGE CARDAMON & GINGER PUDDING	GF BROWNIE COOKIES BERRRIES
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION					



WEEK 2 SNR GLUTEN FREE LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP					
CLASSIC	GF BEEF CHILI NACHOS	GF BUTTERMILK CHICKEN	ROAST PORK GF APPLE & SAGE STUFFING	CRISPY DUCK/CHICKEN GF WRAPS	BAKED SALMON CHIMICHURRI
SIDES	TORTILLA CHIPS CAULIFLOWER BAKED ZUCCHINI	MAC 'N' CHEESE CORN ON COB BROCCOLI	ROAST POTATO GRAVY CARROTS PEAS	PAC CHOI & EDAMAME LOTUS ROOT	LEMON & HERB RICE STIR FRY GREEN BEANS AND SAMPHIRE
JACKET/PASTA BAR	GF PASTA CHEESE SAUCE	JACKET POTATO BEANS CHEESE	GF PASTA CHEESE SAUCE	GF PASTA CHEESE SAUCE	JACKET POTATO BEANS CHEESE
DESSERT	GF CHOCOLATE CAKE LIME CURD CREAM	GF CARAMEL TART	GF APPLE & PEAR CRUMBLE CUSTARD	GF CUPCAKES	GF STRAWBERRY CRUMB BARS
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION					



WEEK 3 SENIOR GLUTEN FREE LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP					
CLASSIC	GF CHILI ORANGE & MINT BAKED CHICKEN	GF PIZZA	GF BRUNCH	GF BRAISED LAMB MASALA	GF BATTERED COD
SIDES	POTATOES ROAST CAULIFLOWER CARROTS	CORN BAKEN ZUCCHINI	HASH BROWN TOMATO MUSHROOM FRIED EGGS	PILAU RICE CAR ROT SWEETCORN	CHIPS PEAS PICKLED CUCUMBER
JACKET/PASTA BAR	WHOLEMEAL PASTA CHEESE SAUCE	JACKET POTATO BEANS CHEESE	PASTA CHEESE SAUCE	JACKET POTATO BEANS CHEESE	PASTA CHEESE BEANS
DESSERT	GF LEMON DRIZZLE	GF STRAWBERRY SMOOTHIES	GF SPRINKLE CAKE & PEACHES	GF CHOCOLATE ORANGE CAKE	GF CARROT & APPLE CUPCAKES
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				