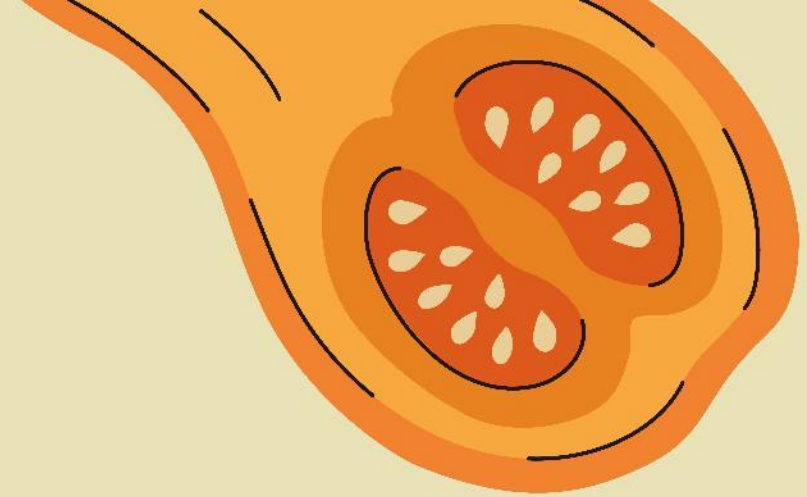


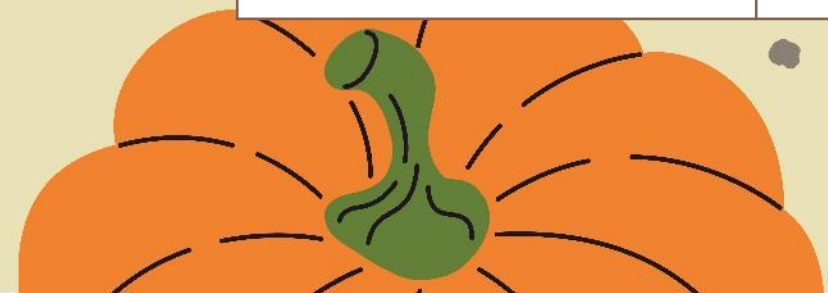
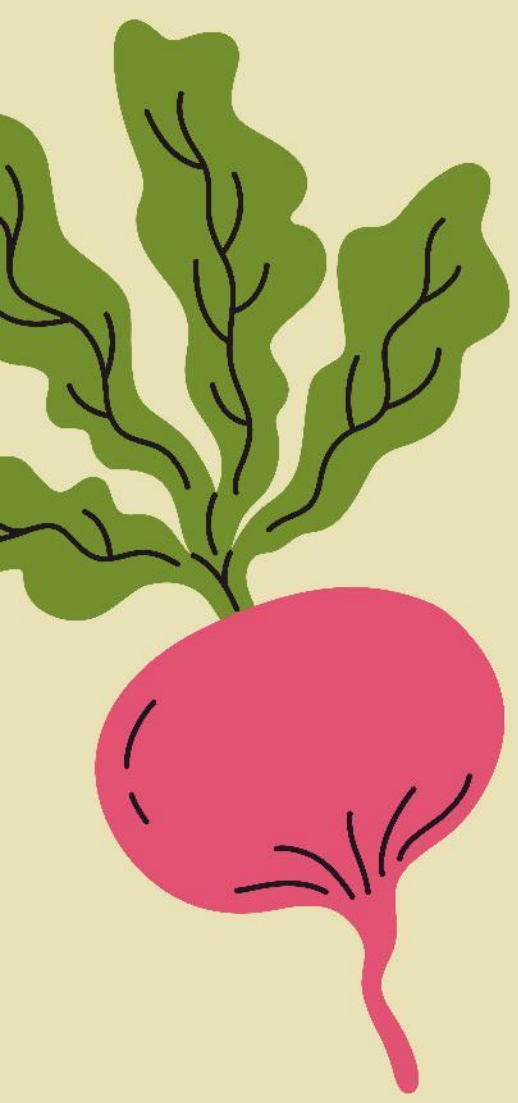


LUNCH

WEEK 1 PRE-SCHOOL



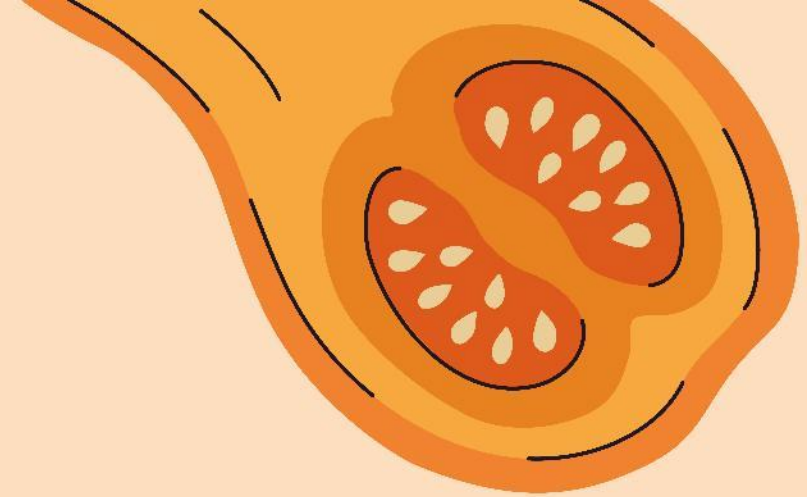
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9.30am	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT
MAIN MEAL 11.30am	CHEESE BEEF BURGER	MAC N BEAN CHEESE	PULLED PORK	CHICKEN SAUSAGE	SARDINE CHEESE PIZZA
VEGETABLES	FRIES, BEANS, SWEETCORN	CARROT CAULIFLOWER	RICE, BROCCOLI	MASH POTATO, CARROTS, GREEN BEANS	SWEETCORN, PEAS
DESSERT	STRAWBERRY SMOOTHIES	LEMON DRIZZLE	YOGHURT & MANGO	APPLE SPONGE & CUSTARD	DATE COOKIES
FINGER FRUIT	WATERMELON PLUMS	PEARS	PINEAPPLE	APPLE	WATERMELON
PM SNACK 2.30pm	CRACKERS CHEESE, CUCUMBER	APPLE TWISTS, WATERMELON	PITTA, HUMMUS, CARROT STICKS	WHOLEMEAL TOAST, SLICED BANANA	TOASTED CRUMPET SLICED APPLE



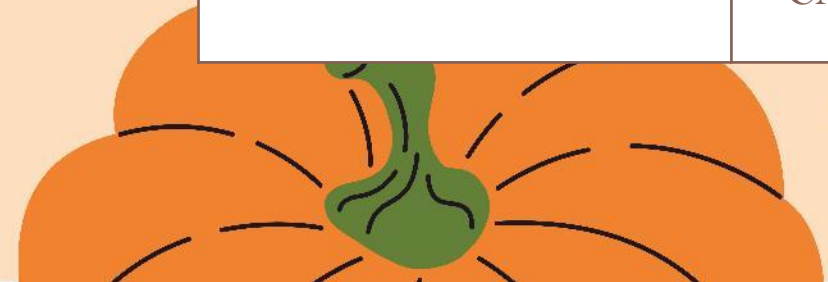
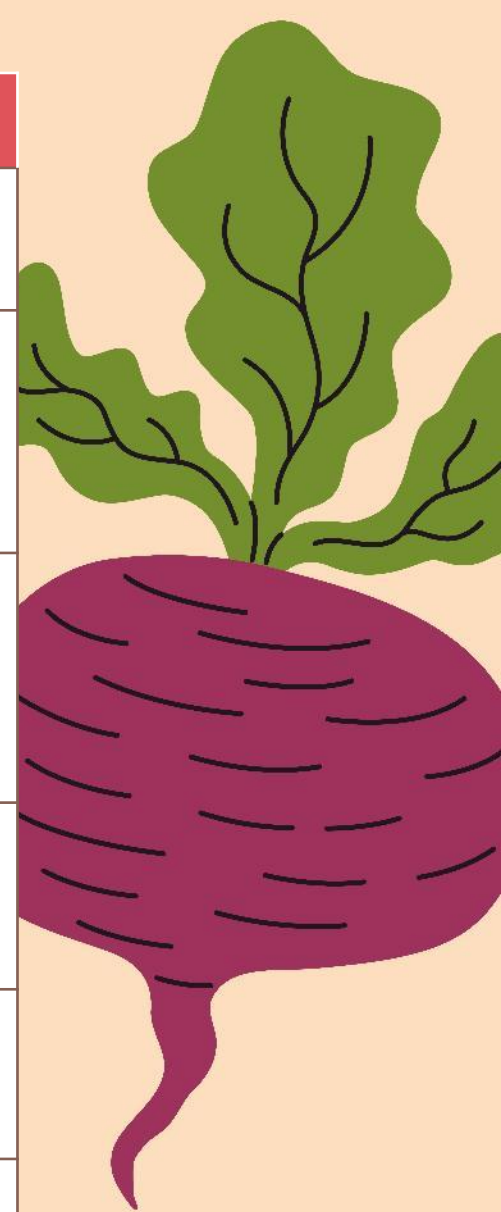


LUNCH

WEEK 2 PRE-SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9.30am	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT
MAIN MEAL 11.30am	CHICKEN & SWEET POTATO NUGGET	CHEESE & BEAN PIZZA	CHICKEN STRIPS	PULLED BEEF	SALMON CAKES
VEGETABLES	VEGETABLE CROQUETTES	EGGS, CARROTS & CUCUMBER STICKS	MASH POTATO, BROCCOLI	VEGETABLE CROQUETTES	PEAS, CARROTS
DESSERT	CARROT CAKE & CREAM CHEESE TOPPING	SPRINKLE CAKE	MILK ICE LOLLIES	CHOCOLATE ORANGE CAKE & CUSTARD	FRUIT YOGHURT
FINGER FRUIT	APPLE	WATERMELON, PLUMS	PEAR	PINEAPPLE	WATERMELON
PM SNACK 2.30pm	PITTA, HUMMUS, CARROT STICKS	TOASTED CRUMPET, APPLE	CRACKERS, CHEESE, CUCUMBER	APPLE TWISTS, WATERMELON	WHOLEMEAL TOAST, SLICED BANANA



LUNCH

WEEK 3 PRE-SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9.30am	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT	MILK/WATER SEASONAL FRUIT
MAIN MEAL 11.30am	MEATBALLS GRATED CHEESE	BEAN & CHEESE PIZZA	HAM & EGGS	CHICKEN & CHEESE	SALMON BITES
VEGETABLES	WHOLEMEAL PASTA PEAS BROCCOLI	CARROT & CUCUMBER STICKS	ROAST POTATO, CAULIFLOWER, GREEN BEANS	PASTA BROCCOLI	PEAS, CARROTS
DESSERT	COOKIE DOUGH PIZZA	BANANA, PANCAKES	APPLE BROWNIE & CUSTARD	BERRIES & SHORTBREAD	DATE SPONGE
FINGER FRUIT	WATERMELON, PLUMS	PINEAPPLE	PEAR	APPLE	WATERMELON
PM SNACK 2.30pm	WHOLEMEAL TOAST, SLICED BANANA	TOASTED CRUMPET & SLICED APPLE	CRACKERS, CHEESE, CUCUMBER	PITTA, HUMMUS, CARROT STICKS	APPLE TWISTS, WATERMELON