



SNR LUNCH WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD
CLASSIC	MC RYDAL	BUTTERMILK CHICKEN	CHAR SIU PORK	CHICKEN SAUSAGE GRAVY	WHOLEMEAL SALMON PIZZA
NOURISH	MC RYDAL	BUTTERMILK SOYA	CHAR SIU PEA PROTEIN	GLAMORGAN SAUSAGE	WHOLEMEAL MARGHERITA PIZZA
SIDES	FRIES BEANS CORN ON THE COB	MAC AND CHEESE CARROT CAULIFLOWER	STICKY JASMINE WILD RICE BROCCOLI PAK CHOI BUTTERNUT SQUASH	MASH CARROTS GREEN BEANS	SWEETCORN PEAS
JACKET/PASTA BAR	PASTA, SIDE OF SAUCE, CHEESE	JACKET POTATO, CHEESE, BEANS	JACKET POTATO, CHEESE, BEANS	PASTA, SIDE OF SAUCE, CHEESE	PASTA, SIDE OF SAUCE, CHEESE
DESSERT	STRAWBERRY SMOOTHIES	LEMON DRIZZLE	(YOUTIAO) CHINESE DOUGHNUT LYCHEES & MANGO	APPLE CRUMBLE & CUSTARD	COOKIES & MANDARINS
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	CITRUS WATER	CITRUS WATER	CITRUS WATER	CITRUS WATER	FRUIT SQUASH



SNR LUNCH WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD
CLASSIC	RYDAL BRUNCH	ANCHO CHICKEN SKEWERS	CHICKEN PASTA BAR	PULLED BBQ BEEF BRISKET	BATTERED COD
NOURISH	PLANT BASED BRUNCH	BAKED HALLOUMI SKEWERS	PEA PROTEIN PASTA BAR	VEGETABLE SOYA BEAN STIR FRY	TEMPURA VEGETABLE & LENTIL
SIDES	HASH BROWNS BEANS TOMATO MUSHROOM	TACO CARROT & COURGETTE CORN COBS	BROCCOLI GREEN BEANS	MINI JACKET COB CORN ROAST BUTTERNUT	TRIPLE COOKED CHIPS PEAS BEANS
JACKET/PASTA BAR	PASTA, SIDE OF SAUCE GRATED CHEESE	PASTA, SIDE OF SAUCE, CHEESE	JACKET POTATO, CHEESE, BEANS	PASTA, SIDE OF SAUCE, CHEESE	PASTA, SIDE OF SAUCE, CHEESE
DESSERT	CARROT CAKE	SPRINKLE CAKE & PEACHES	CINNAMON & APPLE LOAF NATURAL YOGURT	CHOCOLATE ORANGE CAKE	SUNDAE BAR FRUIT SAUCES & TOPPINGS
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	CITRUS WATER	CITRUS WATER	CITRUS WATER	CITRUS WATER	FRUIT SQUASH



SNR LUNCH WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD	OF THE DAY FRESH BREAD
CLASSIC	PORK MEATBALLS	KATSU CHICKEN	GAMMON & EGG	CHICKEN & LEEK PIE	COD GOUJONS
NOURISH	SOYA & VEGETABLE BALLS	KATSU SOYA PIECES	CELERIAC PINEAPPLE & BEAN SALSA	LEEK & POTATO PIE	SOYA GOUJONS
SIDES	WHOLEMEAL PENNE PASTA	BROWN RICE CARROTS & CORN	PARMENTIER POTATO, CAULIFLOWER CHEESE, GREEN BEANS	ROAST ROOT VEGETABLES BROCCOLI	COUS COUS PEAS CARROTS
JACKET/PASTA BAR	JACKET POTATO, CHEESE, BEANS	JACKET POTATO, CHEESE, BEANS	PASTA, SIDE OF SAUCE, CHEESE	PASTA, SIDE OF SAUCE, CHEESE	JACKET POTATO, CHEESE, BEANS
DESSERT	COOKIE DOUGH & RASPBERRY PIZZA	BANANA WAFFLES & TOFFEE SAUCE	APPLE BROWNIE	SUMMER BERRY ETON MESS	STICKY TOFFEE PUDDING
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	CITRUS WATER	CITRUS WATER	CITRUS WATER	CITRUS WATER	FRUIT SQUASH