

SNR LUNCH W1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread
CLASSIC	Rydal Brunch	BBQ Pulled Pork	Sausage (Chicken)	Wholemeal Pasta Bar	Cod Goujons
NOURISH	Soya Brunch	BBQ Pulled Seitan & Chickpea	Glamorgan Sausage	Wholemeal Pasta Bar	Fishless Fingers
STREET EATS	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day
SIDES	Hash Brown Beans, Tomato Mushroom	Nachos Broccoli Sweetcorn	Mash Potato Carrots, Green Beans, Gravy	Cauliflower Roast squash	Sweet Potato Bravas Garden Peas Roast Parsnips
JACKET/PASTA BAR	Wholemeal Pasta, Pesto, Cheese	Jacket Potato Beans, Cheese	Wholemeal Pasta, Tomato Sauce, Cheese	Jacket Potato Beans, Cheese	Pasta, Squash Cream, cheese
DESSERT	Chocolate Orange Cake	Crepes & Banana Toffee Sauce	Sticky Date Cake & Toffee Sauce	Panna Cotta, Berries, Lemon Shortbread	Eggless Eton Mess
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Citrus Water	Watermelon & Mint Water	Citrus Water	Watermelon & Mint Water	Apple Blackcurrant & Orange

SNR LUNCH W2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread
CLASSIC	Pork Meatballs	Jerk Chicken Skewers	Roast Beef Yorkshire Pudding & Gravy	Buttermilk Chicken	Wholemeal Pizza Bar (Sardine Tomato Sauce)
NOURISH	Soya Balls	Jerk Seitan	Chickpea & Lentil Roast	Buttermilk Quorn	Wholemeal Pizza Bar
STREET EATS	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day
SIDES	Wholemeal Pasta Corn on the Cob Cauliflower	Apricot Couscous Garden Peas Roast Squash	Roast Potato Carrots Broccoli	Mac 'n' Cheese Green Beans Sweetcorn	Cauliflower Baked Beans
JACKET/PASTA BAR	Jacket Potato Beans, Cheese	Jacket Potato Beans, Cheese	Wholemeal Pasta, Pesto, Cheese	Jacket Potato Beans, Cheese	Wholemeal Pasta, Tomato Sauce, Cheese
DESSERT	Apple Brownie	Lemon Drizzle	Fruit crumble & Custard	Strawberry & Banana Smoothie	Mini Doughnut Wall
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Citrus Water	Watermelon & Mint Water	Citrus Water	Watermelon & Mint Water	Apple Blackcurrant & Orange

SNR LUNCH W3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread	Vegetable Soup of the Day & Wholemeal Bread
CLASSIC	Corn Dog's	Sweet & Sour Chicken	Gammon & Egg	Meat & Potato Pie (Chicken)	Battered Fish Tartare Sauce
NOURISH	Quorn Dogs	Sweet & Sour Quorn	Beetroot & Lentil Bake	Potato, Leek & Quorn Pie	Fishless Fingers
STREET EATS	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day	Dish of the Day
SIDES	Zucchini Fries Roast Squash Baked Beans	Brown Rice Green Beans Corn Cobs	Boiled Baby Potatoes Cauliflower Cheese	Roast Root Vegetables broccoli	Chips Peas Baked Beans
JACKET/PASTA BAR	Jacket Potato Beans, Cheese	Wholemeal Pasta, Pesto, Cheese	Wholemeal Pasta, Tomato Sauce, Cheese	Jacket Potato Beans, Cheese	Pasta, Squash Cream, Cheese
DESSERT	Sprinkle Cake	Raspberry Blondie	Strawberry Cheesecake	Chocolate Cookies	Sundae Bar
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Citrus Water	Watermelon & Mint Water	Citrus Water	Watermelon & Mint Water	Apple Blackcurrant & Orange