NURSERY

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK 9.30AM-10:30AM	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt
MAIN MEAL 11.30AM	Chicken Bolognaise Wholemeal Penne Broccoli Courgettes	Chicken & Cheese Croquettes Mash Potato Peas & Squash	Roast Beef Roast Potato Gravy Carrots & Green Beans	Cheese & Bean Wraps	Salmon Fish Cake Peas & Sweetcorn
DESSERT	Yoghurt Pear Pot	Fruit Jelly	Apple & Custard	Banana rice Pudding Pot	Fruit of the Forest Cheesecake
AFTERNOON SNACK 2PM	Cheese, Crackers & Cucumber	Chocolate & Apple Puffs	Banana Bread	Wholemeal Toast & Banana	Crumpet, Cream Cheese & Apple
TEA 4.30PM	Mash Potato & Beans	Tomato & Red Pepper Soup & Bread	Homemade Sardine Base Pizza	Pesto Pasta	Selection Of Sandwiches

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FOOD FOR LIFE BRONZE SCHOOL AWARD
Soil Association

NURSERY

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK 9.30AM-10.30AM	Fresh fruit, Milk, Yoghurt	Fresh fruit, Milk, Yoghurt	Fresh fruit, Milk, Yoghurt	Fresh fruit, Milk, Yoghurt	Fresh fruit, Milk, Yoghurt
MAIN MEAL 11.30AM	Chicken Meatballs Wholemeal Pasta Green Beans Carrots Grated Cheese	Pulled Chicken Couscous Garden Peas Cauliflower	Beef Sausage Tatertots Sweetcorn Baked Beans	Mozzarella Wrap & Falafel Butternut Squash Broccoli	Baked Salmon Bites & Creamy Curry Sauce Brown Rice Cauliflower Peas
DESSERT	Apple & Custard	Pear & Semolina	Date Cake & Yoghurt	Fruit Jelly	Oat Cookies
AFTERNOON SNACK 2PM	Banana & Toast	Crumpet & Cream Cheese	Cheese Crackers & Cucumber	Apple & Chocolate Puffs	Banana Bread
TEA 4.30PM	Tomato & Pepper Soup & Bread	Pesto Pasta	Sweet Potato & Falafels	Cheese & Spinach Pin Wheels	Sandwiches

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NURSERY

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK 9.30AM-10.30AM	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt	Fresh Fruit, Milk, Yoghurt
MAIN MEAL 11.30AM	Chicken & Sweet Potato Nugget Grated Cheese Carrots Green Beans	Chicken & Cheese Croquette Pasta Sweetcorn Broccoli	Pork Sausage Mash Potato, Baked Beans Peas	Cheese & Bean Wraps Cous Cous Cauliflower Carrots	Salmon Mash Peas Baked Beans
DESSERT	Pear Tapioca Pots	Mango Yoghurt Pot	Rice Pudding & Apple	Banana & Custard	Fruit Jelly Pots
AFTERNOON SNACK 2PM	Toast & Banana	Crumpet & Banana	Oaty Cookies	Chocolate & Apple Puffs	Cheese Crackers & Cucumber
TEA 4.30PM	Vegetable Dahl & Rice	Mash Cheese & Beans	Pesto Pasta	Squash Soup & Bread	Sandwiches

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